



*Leigh Jackson  
Director of Recreation*

The following COVID-19 policies and procedures are in effect for the 2021-2022 season of Brookline Recreation Basketball including the following programs: Travel basketball, Joel Noe recreation basketball, K-2 basketball, HS recreation basketball. Brookline Recreation adheres to state and local guidelines from the Brookline Department of Public Health and Human Services. Please note that the following policies and procedures are subject to change at any time.

- Masks are required at all times for all participants including: Players, Coaches, Spectators and Staff regardless of vaccination status.
- Travel teams are asked to wear masks even at away games.
- Upon arrival to gyms, new sets of participants (teams/parents) must wait for the previous group to vacate the gym before entering.
- Guardians are asked to monitor for symptoms before traveling to games or practice. If any of the below symptoms are prevalent, do not send your child to the program, and consult your physician.
  - Symptoms to monitor for include:
    - Fever (100.0 Fahrenheit or higher), chills, or shaking chills
    - Difficulty breathing or shortness of breath
    - New loss of taste or smell
    - Muscle aches or body aches
    - Cough (not due to other known cause, such as chronic cough)
    - Sore throat
    - Nausea, vomiting, or diarrhea
    - Headache when in combination with other symptoms
    - Fatigue, when in combination with other symptoms
    - Nasal congestion or runny nose (not due to other known causes such as allergies)
- For full details on COVID-19 and definitions please visit:  
<https://www.mass.gov/info-details/about-covid-19-testing>

Brookline Recreation is following the updated guidelines put forth by CDC, DPH and DESE.

### **Positive COVID-19 Cases**

Please follow the current guidance.

- Stay home and isolate for 5 days from the time of symptom onset or date of a positive test (whichever was first). That day is considered Day ZERO.
- If you have no symptoms or your symptoms are resolving after 5 days, you can leave your house to return to play on Day 6.
  - If you have a fever, continue to stay home until your fever resolves for 24 hours without the use of fever-reducing medications, such as Advil, Tylenol, Motrin, etc.
- Continue to wear a mask (indoors and outdoors) around others for 5 additional days except when eating or drinking.
- Notify your close contacts that you have tested positive for COVID-19

### **Close Contact Guidance**

Close contacts are defined as individuals who have been within 6 feet of a COVID-19 positive individual while indoors, for at least 15 minutes during a 24-hour period.

Additionally, BREC is following DESE and DPH guidance, which at this time states that fully vaccinated is defined as two-weeks following the completion of the Pfizer or Moderna series or two-weeks following a single dose of Johnson & Johnson's Janssen vaccine.

### **Fully Vaccinated and Boosted Individuals**

Whether close contact occurs in or out of BREC programs, these individuals continue to be exempt from quarantine and testing. They may attend BREC programs as long as they remain symptom-free.

### **Unvaccinated or Partially Vaccinated Individuals**

- Stay home for 5 days.
- Wear a mask around others for 10 days at all times except when eating/drinking.
- If possible, Test on day 5. [Getting tested for COVID-19.](#)

### **Experiencing symptoms**

**For vaccinated and non-vaccinated individuals** who experience COVID-19 symptoms, they may **return to BREC programs post-symptoms with a negative COVID-19 test.**

Individuals may return to after they:

- Have received a negative PCR or antigen test result for COVID-19. An antigen test may be self-administered and does not need to be proctored or performed by a healthcare professional.
  - Note: So long as the individual is not a close contact, if a medical professional makes an alternative diagnosis for the COVID-19-like symptoms, the individual may use this recommendation (e.g., for influenza or strep pharyngitis) in lieu of a PCR test or antigen test.

- **Have improvement in symptoms**
- Have been without fever for at least 24 hours without the use of fever-reducing

### **Frequently Asked Questions**

Q: Do I need to wear a mask even if I am vaccinated?

A: Yes. Masks are required for everyone regardless of vaccination status.

Q: If I am on a travel team and I go to a town that does not require masks do I still need to wear one?

A: Yes.

Q: If someone on my team tests positive for COVID-19 does the whole team need to quarantine?

A: No. By adhering to the mandatory mask policy, and the fact that participants are not within 6 feet of each other for at least 10-15 minutes, other members do not need to quarantine. With that said, participants and guardians should monitor for any symptoms and remove themselves from the program if any show.

Q: If someone in the program tests positive, whom should I report to?

A: Contact your Coach, AND Jon Lewitus (Assistant Director of Recreation) [jlewitus@brooklinema.gov](mailto:jlewitus@brooklinema.gov) AND the Brookline Department of Health and Human Services 617-730-2300.

Q: If I tested positive when can I return?

A: Please see above policy depending on your individual case.

Q: Are there any rules/gameplay modifications this season?

A: No, other than requiring masks to be worn.

Finally, we strongly urge every eligible individual to be fully vaccinated against COVID-19. If you are not already fully vaccinated, please [click here for a list of testing sites within 5-miles of Brookline](#) should you experience symptoms of COVID-19.